

Lesson 08

Our Religion - Jainism Part 01



You have already learnt so many things about our religion.



Today we are going to learn
who taught us our religion.
Jainism is our religion.



Parasparopagraho Jivanam

We are jains.



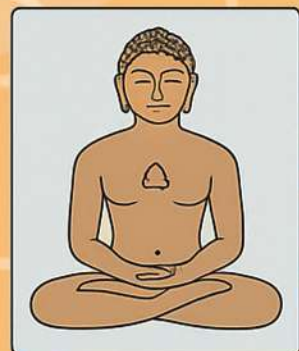
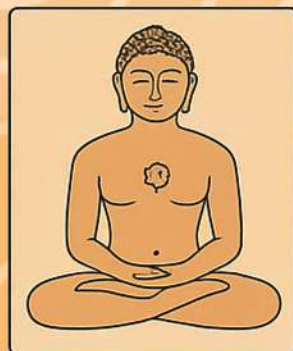
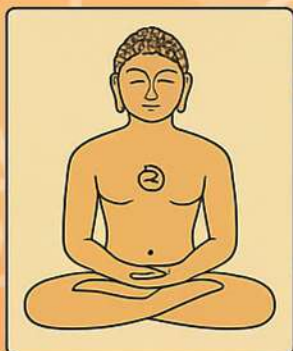
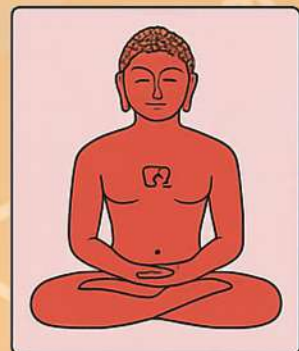
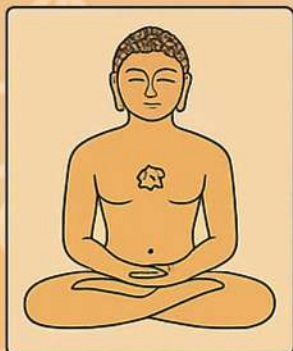
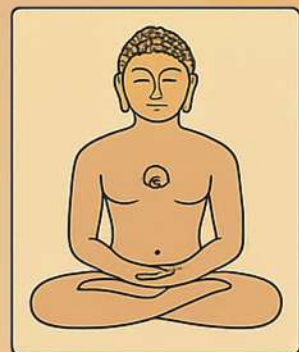
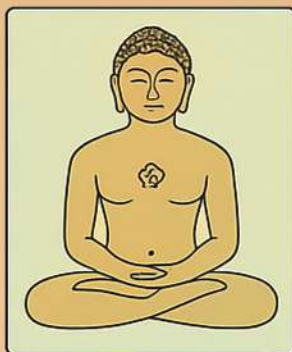
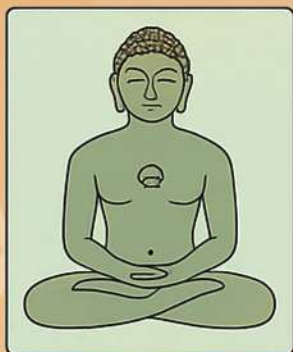
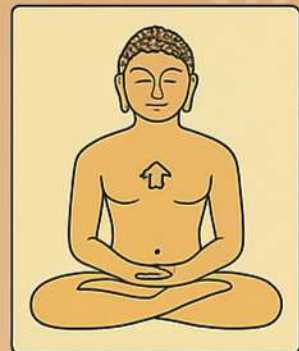
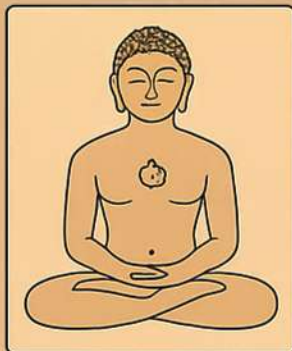
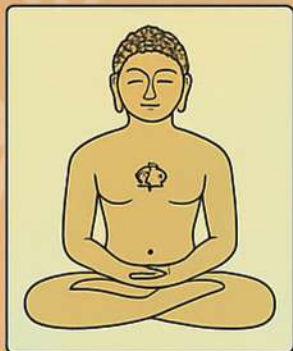
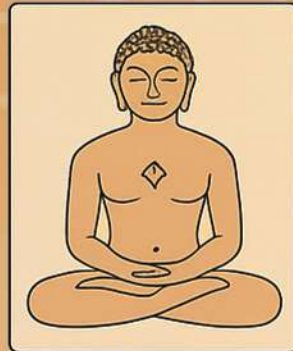
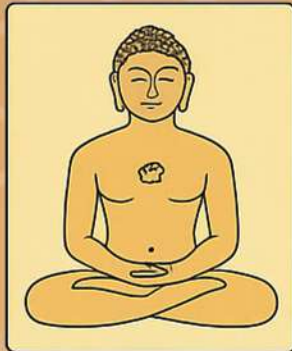
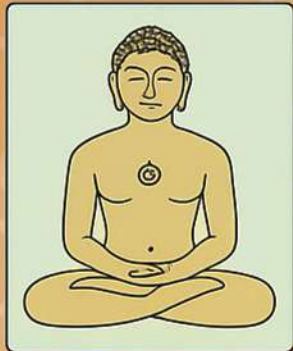
Jainism was taught by Jinas.



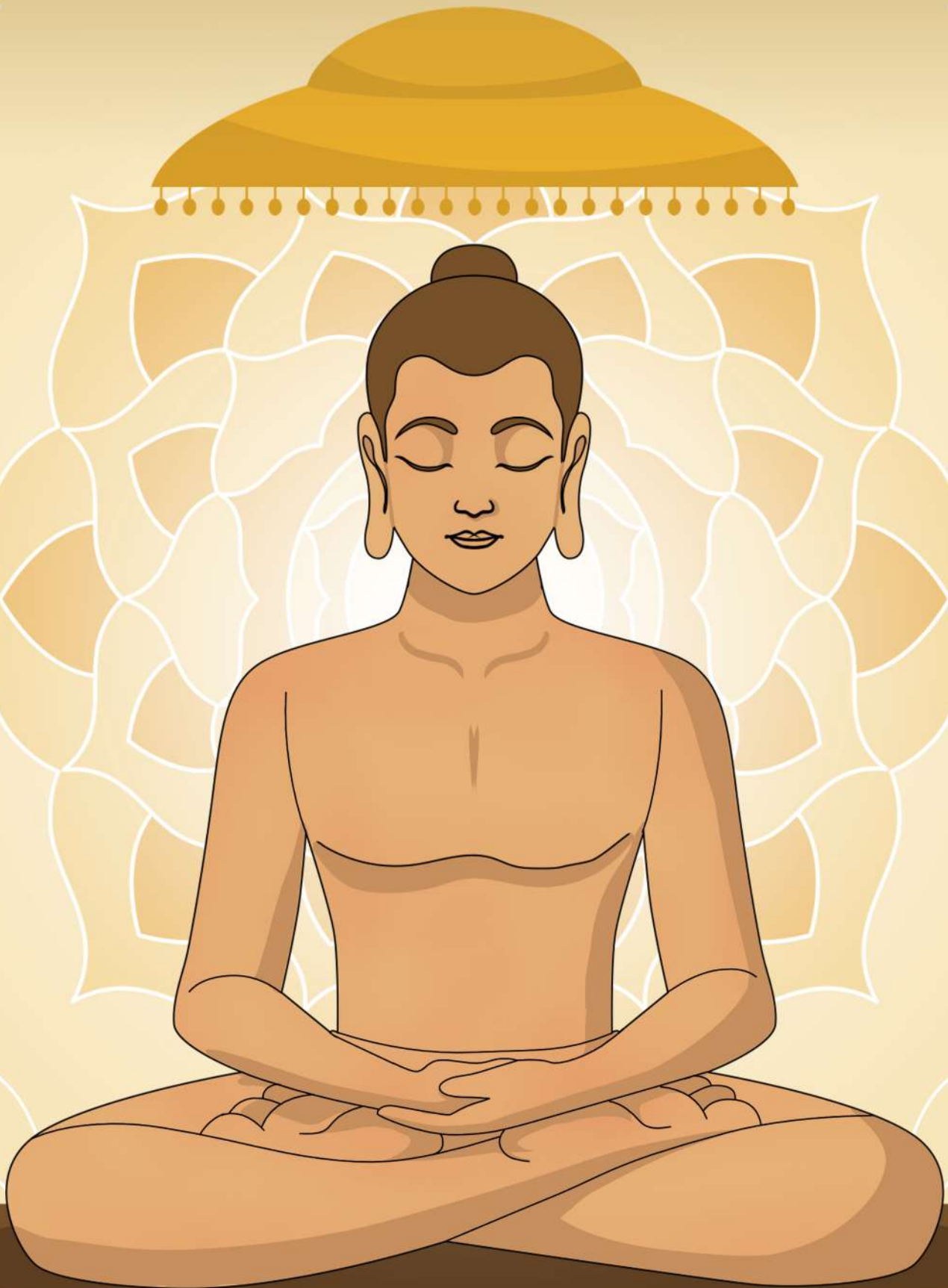
They are also called
Tirthankaras



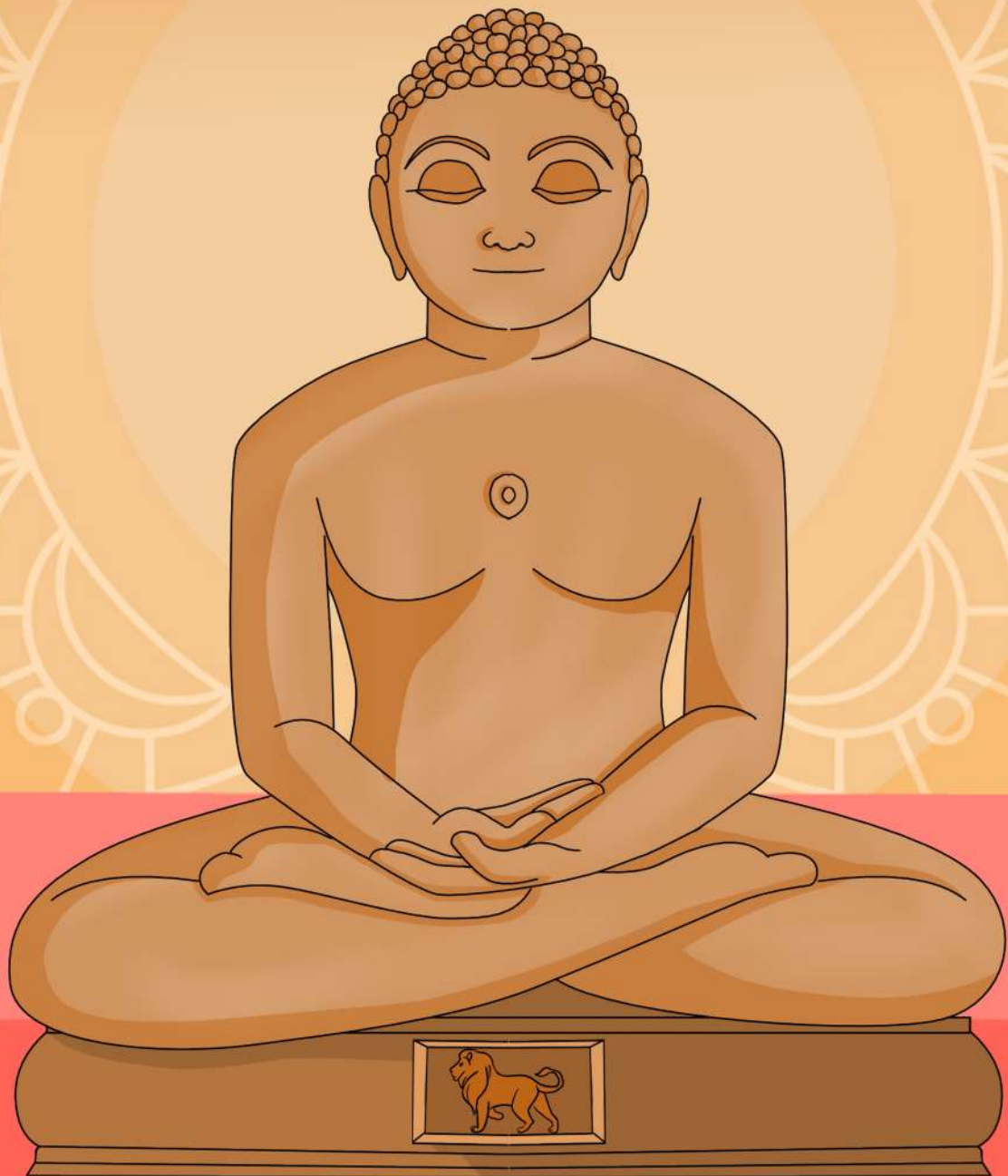
There were 24 Tirthankaras



First Tirthankara was
Bhagwan Rushabhdev.



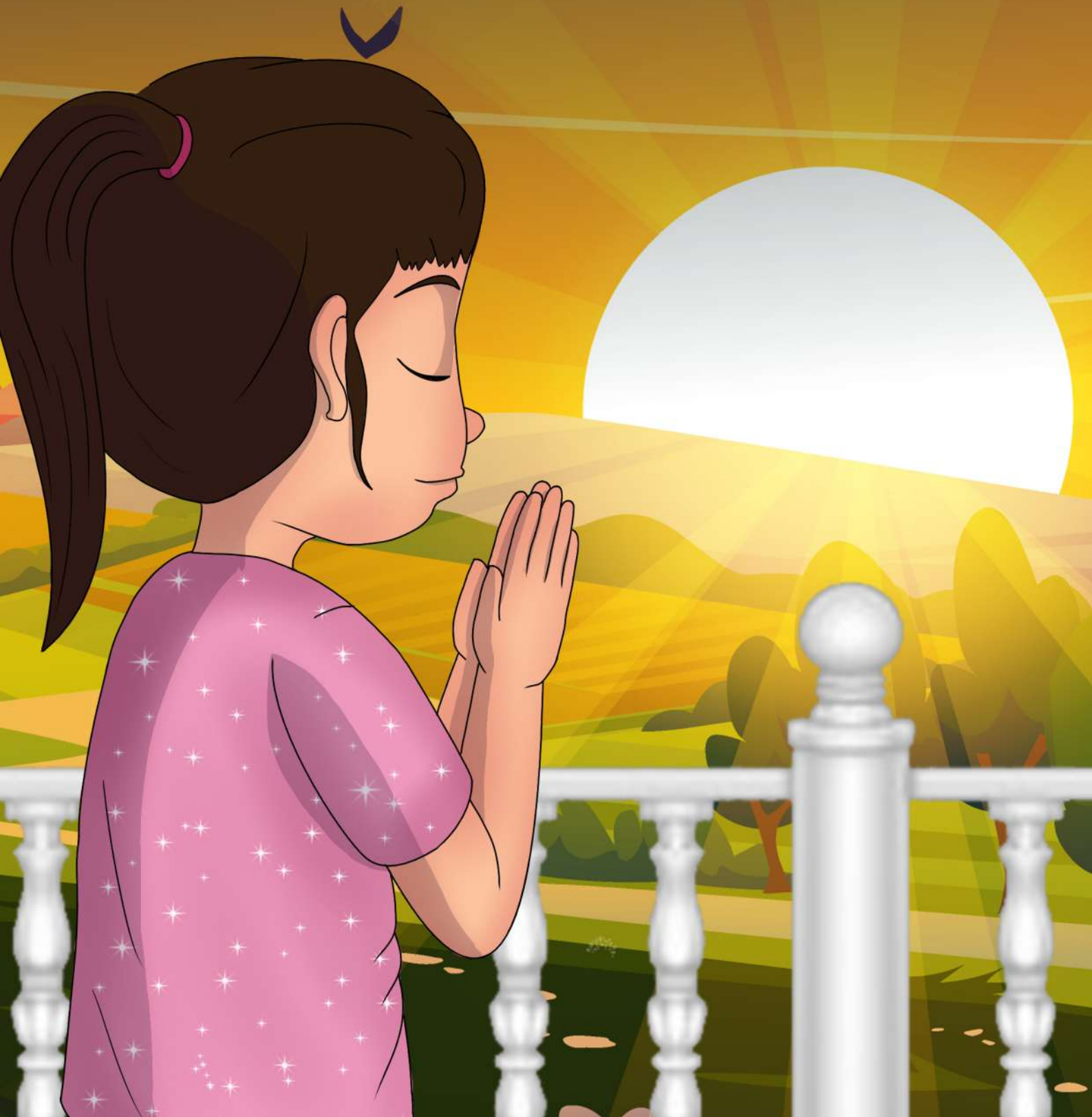
Bhagwan mahavir was the
last Tirthankara.



Jainism teaches us to say
our prayers in the morning
and again in the evening.



Jainism teaches us to wake
up early in the morning and
go to bed early.



Jainism teaches to be
everybody's friend.



Jainism teaches us to love
all creatures in the world



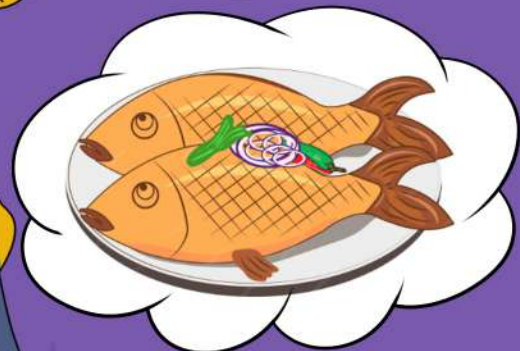
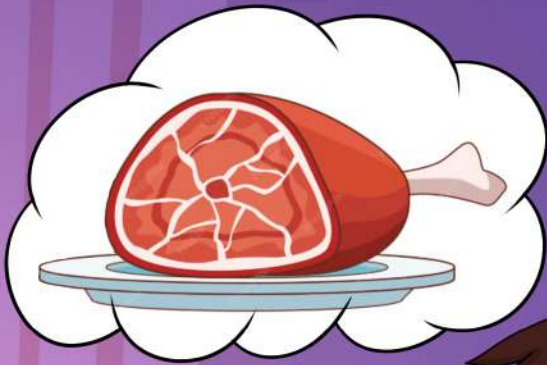
Jainism teaches us to be
vegetarian that means



we eat the food that comes
from vegetables/ plants.



Jainism teaches us not to eat eggs, chicken, poultry, fish, seafood and meat.



This means we do not eat any non-vegetarian food.

